

# KS3 - How the Body Works



<b>Activity</b> <i>What activity or sport are you doing?</i>	<b>Movement</b> <i>What are the muscle groups creating the movement for this activity? Can you label the bones and joints that are allowing the movement in this area?</i>	<b>Other Activities</b> <i>What other sports or sporting activities work the same muscle groups?</i>

